



We are offering **FREE** activities and support based on what children and young people say they need or would "like to have a go at". If you are in Rotherham and you are aged 8-19 or up to 25 with a special educational need or disability, we have loads on offer for you!



YOUR WELLBEING



ACCESS TO A TRUSTED ADULT TO HELP YOU IDENTIFY YOUR GOALS + 1-1 SUPPORT TO HELP YOU GET THERE. LIFE SKILLS TRAINING + SUPPORT GROUPS TO HELP PREPARE FOR EDUCATION, EMPLOYMENT OR TRAINING 1-1 MENTAL HEALTH COUNSELLING GROUP MENTAL HEALTH SUPPORT **SELF-HELP PROGRAMMES** ARTS AND PHYSICAL ACTIVITIES **OUTDOOR EXPERIENCES** 

PLACES TO GO AND THINGS TO DO

OPEN ACCESS YOUTH BASES AT SWINTON LOCK ACTIVITY CENTRE [SWINTON]. JADE YOUTH AND COMMUNITY [DINNINGTON], CLIFTON LEARNING PARTNERSHIP [EASTWOOD], HOPIAN [TOWN CENTRE] + ROTHERHAM UNITED COMMUNITY TRUST [PARKGATE]

+ LOTS MORE POSITIVE ACTIVITIES AND SUPPORT **AVAILABLE ACROSS ROTHERHAM** 





Get involved and **HAVE YOUR SAY** on what we deliver for Children and Young People in Rotherham



FOR MORE INFO OR TO GET INVOLVED VISIT













