






SMILES FOR MILES BASE PROJECT
TASTER ACTIVITIES TIMETABLE
 October – December 2021

“The sky’s the limit for children and young people with the right basket of support and provision.”





MAIN BASES						
Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
 JADE Youth and Community	Senior Youth Club	11 - 19	Tuesdays and Thursdays	6:30 PM - 8:00 PM	JADE Youth and Community, New St, Dinnington, Sheffield, S25 2EX	These are open access sessions for any young people to attend.
	Junior Youth Club	7 - 11	Tuesdays and Thursdays	4:00 PM - 5:30 PM		For more information, contact: JADE HQ on 01909 565639
	SEND Youth Club	7 - 25	Wednesdays	5:00 PM - 7:00 PM		It is recommended that young people attending the SEND Youth Club come with a parent / carer if they require personal care.
 YMCA Rotherham	LGBTQ+ Youth Club	9 - 19	Dates and times TBC. Please contact the organisation for more details.		YMCA Rotherham, St Ann's Rd, Rotherham, S65 1PH	These are open access sessions for any young people who identify as LGBTQ+ to attend. For more information contact: YMCA Rotherham on 01709 837428
 Clifton Learning Partnership	Children’s Youth Club	Under 9s	Tuesdays	4:00 PM - 5:00 PM	Clifton Learning Partnership, Erskine Rd, Rotherham, S65 1RF	These are open access sessions delivered in partnership with YMCA Rotherham for any young people to attend.
	Junior’s Youth Club	9 – 14	Tuesdays	5:30 PM - 7:00 PM		For more information, contact: Andrea Brookes on 07966 468282

All young people attending the bases will have access to a trusted adult who will support them to access other activities or support from the basket of support and provision.


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BASKET OF SUPPORT AND PROVISION

Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
 <p>YWCA Yorkshire creating a better future for Women, children and families</p>	WRAP: Wellbeing Recovery Action Plan A 2-day programme which helps people develop a wellness toolbox.	9 - 25				These programmes are specifically designed for women and girls and are by referral only. Minimum group size = 8 Maximum group size = 12 To make a referral, please email: Donna.butler@ywcayorkshire.org.uk or Janine.egan@ywcayorkshire.org.uk
	Escape The TRAP A 6-week programme to help teens recognize and protect themselves from abuse.	13 - 18	These programmes will run once a month based on the level of interest or need from young people. Women and girls accessing the program will receive the relevant resources to complete the programme in advance.		The programmes can be delivered in person at; YWCA Yorkshire, 11 Fleming Gardens, Rotherham, S66 2EY	
	Freedom Programme A 2-day programme which examines the roles played by attitudes and beliefs on the actions of abusive men and the responses of victims & survivors of domestic abuse.	18 - 25			Online, or at a suitable location based on the locality of referrals / sign ups.	
 <p>GROW</p>	1:1 Support Interventions for young women and girls focusing on trauma recovery and wellbeing.	13 - 18				For more information, please call: 01709 511171


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 <p>Rotherham and Barnsley Mind</p>	<p>Meet The Team</p> <p>An introduction to the organisation and the opportunities available for young people.</p>					
	<p>Confidence and Self-Esteem</p> <p>A 2-hour session focusing on confidence and self-esteem, what this is, and coping strategies.</p>	9 - 19	Dates are flexible based on the need of young people. Please contact us to arrange a session.		<p>The programmes can be delivered at either;</p> <p>Rotherham and Barnsley Mind, Osborne House, 1-2 Highfield, Doncaster Road, Rotherham S65 1DZ</p>	<p>These programmes are by referral only. To make a referral, please email:</p> <p>Frankie@rbmind.co.uk or Kirsty@rbmind.co.uk</p>
	<p>Social Media and Body Image</p> <p>A 2-hour session looking at how social media can impact on the way young people see themselves and the realities of social media.</p>					
<p>1:1 Counselling</p> <p>A programme of up to 6 counselling sessions.</p>				<p>or at a suitable location based on the locality of referrals / sign ups.</p>		



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 RUSH House	AQA Sessions A number of certified AQA units to help young people develop basic skills and further their personal / professional development.					
	CV Writing Sessions Sessions to help young people develop a digital and paper CV, including structure, wording and how to sell yourself.	16 - 18	Dates are flexible based on the need of young people. Please contact us to arrange a session.		The programmes can be delivered online or in person at either; RUSH House, 17-19 Lindum Terrace, Doncaster Road, Rotherham, S65 1NJ	For more information or to register, please contact Lisa Rachieru on 07950 771870 or email: lrachieru@rushhouse.co.uk
	Job Club Support with using jobsites, applying for jobs, interview skills and work preparation.				or at a suitable location based on the locality of referrals / sign ups.	
	Coursework Club Support for young people in training or education to complete coursework on a 1:1 and group basis.					




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 	<p>Outdoor Personal Development</p> <p>Activities such as; mountain walking, climbing, navigation, orienteering, canoeing, abseiling, caving and bushcraft.</p>	9 - 19	Dates are flexible based on the need of young people. Please contact us to arrange a session.	<p>These sessions are available to book 7 days a week and can be delivered as either as;</p> <ul style="list-style-type: none"> - Full days from 10 AM - 3:30 PM <p>or,</p> <ul style="list-style-type: none"> - Half days during the morning, afternoon or on evenings 	<p>These sessions are delivered at numerous outdoor locations and/or can be brought to a suitable location based on the locality of referrals / sign ups.</p>	<p>For more information or to register, please contact Ian Eccles on 07734 855652 or by email at ian.eccles@endeavour.org.uk</p> <p>In all email enquiries, please cc edward.thatcher@endeavour.org.uk</p>
	<p>Team and Problem-Solving Games</p> <p>Activities that can be delivered as part of outdoor personal development days or as a standalone session.</p>					
	<p>Indoor Cooking Sessions</p> <p>Group cooking sessions in our teaching kitchen.</p>					
	<p>Music Production</p> <p>Group music production sessions.</p>				<p>Endeavour Centre Earl Marshall Road, Fir Vale, Sheffield, S4 8FB</p>	

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1:1 Counselling						
	A drop-in session to allow young people with SEND and their siblings to meet with the counselling team and learn more about what to expect from our 1:1 counselling support.	10 - 25	Dates are flexible based on the need of young people. Please contact us to arrange a session.		These sessions are delivered either in person at: 131 Green Ln, Rawmarsh, Rotherham, S62 6JY	For more information, please call us on 01709 296262 To make an enquiry about accessing the sibling support sessions service please click here
Rotherham Parent Carers Forum	Sibling Support Sessions A 6-week programme of fun activities and sessions for young people who have a sibling with SEND.	7 - 18	Mondays and Tuesdays	Flexible	and/or, by telephone or online via video call	
	Sports Sessions A 6-week programme of weekly sports sessions.	11 - 17	Thursdays from 18 th November – 23 rd December	7:00 PM - 8:00 PM	Rotherham Leisure Complex, Effingham St, Rotherham, S65 1BL	For more information, please email: inclusion@rotherhamunited.net To book a place, click here
Rotherham United Community Sports Trust	Arts-Based Activities A series of workshops and creative projects for young people.	9 - 19	During the taster phase, ROAR will be working with young people accessing other opportunities within the project, starting with Rotherham Parent Carers Forum. For more information, please call 01709 835747 or email: matt@rotherhamroar.org			
						
Rotherham Open Arts Renaissance						